

# Emergency Action Plan Rehearsal Scenarios

A catastrophic injury can occur at any time, in any place, and with any combination of personnel available. It is important that organizations and institutions be prepared to respond to these situations. While it is impossible to practice every possible situation, the below list are various scenarios to consider when rehearsing your emergency action plan. Again, this is NOT an all-inclusive list, rather a compilation of many different considerations.

## Interdisciplinary stakeholders involved in the EAP rehearsal

- Athletic trainer
- Physician
- Athletic training students
- Emergency local responders (EMTs, Paramedics, Police, Fire, etc.)
- Coaches
- Administrators
- Facility managers
- Team personnel
- Security personnel
- Nurses

## Location of key responders at the time of the emergency

- Athletic Trainer is present and on-site of the event
- Athletic Trainer is present on campus/grounds but is on-site at another event (i.e., AT is on-site at football practice, but an emergency takes place at volleyball practice)
- Athletic Trainer is present in an athletic training facility and an emergency takes place at an event elsewhere on campus
- Athletic Trainer is not present on campus at the time of the emergency
- Physician is present and on-site of the event
- Physician is present on campus/grounds but is on-site at another event (i.e., Physician is on-site at football practice/game, but an emergency takes place at volleyball practice)
- Physician is present in an athletic training or other facility and an emergency takes place at an event elsewhere on campus
- Physician is not present on campus at the time of the emergency
- EMS is present and on-site of the event (stand-by coverage)
- EMS is present on campus/grounds but is on-site at another event
- EMS is not present on campus at the time of the emergency (911 response)

## Timing/Location that emergency takes place

- Home game/competition
- Away game/competition
- Neutral site game/competition
- Per Diem event coverage
- Practice (home)
- Practice (away venue)
- Practice (neutral site)

- Emergency taking place in a weight room
- Emergency taking place in a classroom, meeting room, hotel, and/or office
- Emergency taking place in an athletic training facility or physician's office
- Emergency taking place in the stands
- Emergency taking place in other non-traditional locations (i.e. bathroom/locker room, restaurant, club/suites, etc.)
- Emergency taking place during school day (i.e. 8:00am – 3:00pm)
- Emergency taking place before school/early morning or after school/normal working and/or operation hours
- Emergency taking place on a weekend and/or holiday
- Emergency taking place on a commercial or charter plane, train, bus

#### **Individual(s) involved in the emergency situation**

- Student-athlete (Equipment-laden athlete vs non-equipment-laden athlete)
- Coach/Team personnel
- Game official(s)
- Band/Cheer/Dance
- Pre-Game/Halftime/Timeout participants
- Sideline/Field personnel (i.e., chain gang, event staff)
- Spectators
- Other personnel (i.e., concessions, tickets, ushers, security, etc.)
- Student-athlete vs. staff/coach vs. game official vs.
- Home team athlete/staff/coach vs. visiting team athlete/staff/coach

#### **Possible Scenarios**

- Cardiac arrest (non-traumatic/sudden; traumatic)
- Head
- Neck
- Spine
- Exertional collapse (heat, ECAST, hyponatremia, diabetes)
- Respiratory (asthma, anaphylaxis)
- Traumatic (internal injury, fracture)
- Mental health emergency